

# Nicole Provonchee

Empowerment Speaker & Executive Coach



## Meet Your Next Speaker

For more than 20 years, Nicole Provonchee climbed the corporate ladder, collecting fancy titles and many, many lessons. In 2017, she leveraged her research, experience and expertise to become a certified Executive Coach, working with leaders and speaking to women-focused groups across the country. She empowers women (and their allies) to clearly identify, grow and celebrate their unique skills, find and knock down career barriers, and reach greater levels of personal and professional success!

Nicole@ConsultBrightBlue.com • ConsultBrightBlue.com • 615-423-8061

## Popular Topics

All professionals face challenges in the workplace, yet research and experience have taught Nicole that there are specific challenges that women face more often than their male counterparts. An experienced empowerment speaker, Nicole addresses these challenges by offering pragmatic, realistic tools attendees can begin using immediately to become even more successful!

### Get Out of Your Own Way

*Conquer Career Limiting Behaviors*

From avoiding self-promotion and self-advocacy to navigating perfectionism, Nicole reveals the most common career limiting behaviors for women and real-world tactics to eliminate them once and for all.

### Coach to Next Level Success

*How - and When - to Quit Managing and Start Coaching*

A coaching approach is much more effective and impactful than a standard "directive" model in many situations, but most leaders don't know how to tame the "advice monster" and be a good coach. Nicole outlines new techniques that engage leaders *and* drive business results.

### When Conflict is Not Working

*Develop Healthier Conflict Skills*

Conflict is inevitable - at least healthy conflict should be. Nicole will help you identify and hone your unique "helpful" (and mitigate "less helpful") conflict behaviors so you can approach your next conflict with more skill and confidence.

### What Else You Need to Know

All topics can be adapted to meet the unique needs of your group. Nicole's dynamic keynotes and workshops are available in person and via interactive online formats. Other topics are always in development, so reach out for more information. Our guarantee: Attendees will leave empowered to be even *more* successful!

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## About Nicole Provonchee

Nicole Provonchee is a seasoned executive coach, speaker and strategist working with successful women leaders to help them seize opportunities, overcome obstacles and achieve impressive results.

Prior to launching her company Bright Blue Consulting, Nicole was an executive in strategy and marketing roles at national and global companies. As founder of Bright Blue, Nicole works with leaders and teams at organizations across the US and UK ranging from start-ups to large nonprofits to Fortune 50 companies.



As a female executive and business owner, Nicole can relate to the unique stresses and situations women face as professionals and leaders. As a working mother, she understands the challenge of finding just the right balance of work, family, friends and the rest of life. Nicole is a energetic, engaging speaker that helps successful women - and their allies - become even *more* successful!

## Testimonials

"Nicole is a high-energy, super-smart communicator, facilitator, advisor, and executive coach. She is enthusiastic, positive, and you will have terrific fun working with her as you get great results."

-Andrew Neitlich, Founder Center for Executive Coaching

"Several months out, the positive changes and connections are still present! She has a gift!"

-BMG Women's Group Leader

"I attended your presentation event several years ago. It is still my all-time favorite! I talk about that session all the time."

-Attendee, National mPower Conference

