

Everyone laughed, everybody had emotion and that's a gift! She's very good at public speaking."

- Attendee

NICOLE PROVONCHEE

EMPOWERMENT SPEAKER + COACH

For 20 years, Nicole climbed the corporate ladder, collecting fancy titles and many, many lessons. As a speaker and coach, Nicole empowers women to trust and celebrate their unique skills, knock down career barriers and reach greater levels of personal and professional success!

POPULAR TOPICS

GET READY TO GO HIGHER

Conquer Your Career Limiting Behaviors

Nicole reveals the most common ones women grapple with and the tactics they can use to eliminate them once and for all. Nicole can even survey your group to customize the workshop to the habits that impact your group the most!

DON'T WISH IT. MAKE IT HAPPEN.

Self-Advocacy + Negotiation for Women

When it comes to negotiations, our society favors a very specific approach - one that is not always intuitive to women. Nicole shares the five skills every woman needs to know to negotiate her way to next-level success.

AVOIDING IT DOES NOT WORK

Developing Healthier Conflict Skills

We are humans interacting with other humans ... so conflict is inevitable. Nicole will help you identify and hone your "helpful" (and mitigate "less helpful") conflict behaviors so you can approach your next conflict with more skill and confidence.



RECENT EVENTS

- Women-Focused Employee Resource Groups at Bridgestone, Citizen's Bank, HCA, Verana Health, BMG, Asurion, Tractor Supply Company, NaviHealth, Built Technologies, and more
- Great River Mortgage Bankers Association Annual Conference mPower Event
- National Association of Women in Construction Southeast Forum
- Asurion International Women's Month Keynote
- Tennessee Society of CPAs Women's Conference
- National Association of Women Business Owners, Nashville Chapter
- Mortgage Bankers Association National mPower Webinar

CONTACT

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Nicole taught me new skills that I am still using with my team - six months later! I even brought home an exercise for my spouse to try!

- Attendee

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RECENT EVENTS

- CreeWolfspeed
- Country Music Association Young Professionals Group
- WiTT - Women in Technology in Tennessee
- Williamson, Inc - Women in Business
- Williamson, Inc. - Young Professionals
- Junior League of Nashville
- Nashville CABLE
- Rutherford CABLE
- SVMIC Working Parents Group & Employees
- FYI.Health
- Nashville Entrepreneur Center Catalyst Program
- Center for Non-Profit Management Learning Series

Nicole Provonchee is an experienced executive coach, speaker and strategist working with successful women leaders to help them seize opportunities, overcome obstacles and achieve impactful, impressive results.

Prior to launching her coaching company Bright Blue Consulting, Nicole built her career as a leader across healthcare companies large and small. Most recently, she was a Vice President with the population health division of Ascension and a Senior Director with North Highland Consulting's healthcare practice.

As a coach and strategist, Nicole works with leaders and teams at start-ups, nonprofits and Fortune 50 corporations. Her client list includes HCA, Ascension, Alliance Bernstein, NaviHealth, Nashville CARES, Ronald McDonald House Charities, LifePoint and Bridgestone.

As a female executive, Nicole can relate to the unique stresses and situations women face as professionals and leaders. As a working mother, she understands the challenge of finding just the right balance of work, family, friends and the rest of life.

Nicole lives in Nashville with her husband and two sons. She holds an MBA from the University of Tennessee in Knoxville, where she started the school's first MBA association for women. She is also a coaching instructor at the Center for NonProfit Management, an Advisor at the Entrepreneur Center, and an active volunteer with nonprofit groups focused on women and children.

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"Several months out, the positive changes and connections are still present."

- Women's Group Leader

SPEAKING ENGAGEMENT

TESTIMONIALS

"Nicole's presentation was perfectly tailored to our group. The discussion was empowering and engaging. She created an environment that encouraged participants to reflect on current behaviors, share experiences, and identify ways to improve work habits and culture. Several months out, the positive changes and connections are still present. We cannot wait to book her again!"

- BMG Women's Group Leader

"The fact that she works mainly with women really spoke to the group. It made it feel like she was in it for us, like she was really looking to pull up women and showcase things that could help us be better in the workplace."

- Williamson, Inc. Director, Member Engagement

"She is so articulate and so energetic. There were 300 people in this room, and I felt like she was talking to me and only me."

-Attendee

"She challenged us to realign 10% of our time to invest in activities that align with our values and activities we enjoy - Brilliant! When she broke it down to 10%, I thought, I can do that!"

-Attendee

"Her input and knowledge about maneuvering the corporate world is useful to anyone at any level in an organization. Her energy is both contagious and inspiring."

- Attendee

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